

www.Discount-Essiac-Tea.com

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<https://www.facebook.com/discountessiactea>

10 Boardman St.
Haverhill, MA 01830
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We Believe in Our Essiac So Much, We Guarantee It!

Your *first* concern when choosing essiac tea should be whether or not the formula is from a *credible* source. After all, what is the point in taking essiac tea if it is not the real stuff?

Our Formula was Developed by Rene Caisse, the “Founder” of Essiac.

Rene Caisse is the Canadian nurse who brought essiac tea into popular use. Rene Caisse and Dr. Charles Brusch spent eight years together studying essiac tea at the Brusch Medical Research Center in Cambridge, Massachusetts.

Additional Herbs Were Found to Enhance the Original Essiac Formula.

Rene Caisse and Dr. Charles Brusch researched essiac tea from 1959 through 1967. They found that one of the essiac tea formulas consistently outperformed all others. This formula included the original four essiac herbs combined with an additional four herbs. This new and improved formula maximized the effectiveness of essiac when taken as a tea.

Why the “Original” Four Herb Essiac is not the Best Choice.

When a company says they have “Original Essiac,” that is really nothing to brag about. You see, the original *formula is an older one that was found to be less effective* than the updated eight herb formula developed by Rene Caisse and Dr. Charles Brusch. It’s all documented in “The Essiac Report” by Richard Thomas.

How the Paulhus Family Took Over for Rene Caisse and Dr. Brusch

Our family was fortunate enough to be introduced to Dr. Charles Brusch through a common friend. As Dr. Brusch grew older he appointed our family as the ones who help make sure essiac remained available to everyone. Dr. Charles Brusch passed the formula to our family so that we could distribute it to whomever may need it. He wished for us to keep pricing as low as possible so that *everyone* had access to it. In keeping with his mission, we provide essiac at as low of a cost as possible while still being able to stay in business.

Essiac Available at Reduced Cost for Those with Financial Need

It is a tragic thing to have essiac not be made available to those in need due to financial concerns. In fact, we are so determined to get essiac to those who need it that we may be able to provide you with essiac free of charge to you if you have an extenuating financial need. In this way we carry on the mission.

How Our Essiac Formula Works

This essiac formula has led to hundreds of thousands of satisfied customers over the years. Dr. Charles Brusch and Rene Caisse researched a variety of eight herb formulas and found them to be superior to four herb blends. Dr. Brusch has stated, "Clinically, on patients suffering from pathologically proven cancer, [essiac] reduces pain and causes a recession in the growth; patients have gained weight and shown an improvement in their general health...Remarkably beneficial results were obtained even on those cases at the 'end of the road' where it proved to prolong life and the quality of that life...The doctors do not say that Essiac is a cure, but they do say it is of benefit."

Our *Industry-Exclusive* Money-Back Guarantee

Please don't hesitate to give essiac a try, because you don't risk a *thing* when you try essiac tea from our company! No other company is so confident in their product they offer a Money-Back Guarantee. *All* of our customers are covered by our famous 6-month 100% Money-Back Zero Risk Guarantee. This isn't cashed in on very often at all—there is *no way* we could stay in business if it were. But it's super important to us that you feel comfortable being able to try essiac risk-free. We have been taken advantage of by buying bogus products before, and we *never* want you to have to take that risk.

Here is the way our Essiac Tea Guarantee works:

Order essiac and give it your own personal "test run." Take it for a full six months. If you haven't experienced any health improvements, simply let us know and we'll issue you a complete refund within 48 hours of receiving your message. If you have unused product remaining, we appreciate if you return it, but that is never required.

All we ask is that you, on the honor system, take essiac at the suggested dosage level and as directed for six months. If you have not experienced any benefit, you may return any remaining portion to us and expect a full refund for the amount you paid for your Essiac within 48 hours. Please direct all refund inquiries to our phone number: 1-978-504-9517 or email gina@discount-essiac-tea.com). *Make sure you have taken essiac for the full six months before requesting your refund.* This is because essiac's true power tends to reveal itself by the six-month mark.

Why Essiac is NOT Cheaper on Amazon

So many people use Amazon as their go-to for purchasing just about everything. However, essiac is *not even close* to being the cheapest when purchased on Amazon!

Product	Cost per pound
Flor Essence - 2.1 oz. box	\$225.81
Discount Essiac Tea - FOUR 4 oz. packets	\$58.27
Discount Essiac Tea - THIRTEEN 4 oz. packets	\$50.76

The first thing you need to know is that there are a *ton* of bogus formulas on Amazon. In addition to that, most of the essiac products found on Amazon only contain four herbs, which is not the research-proven best form of essiac available. Rene Caisse and Dr. Charles Brusch worked together studying essiac at the Brusch Medical Research Center from 1959 to 1967 and were able to determine that eight herb essiac is best. Visit this page for more info: <https://www.discount-essiac-tea.com/eight-herb-essiac.html>

Here is a product sold on Amazon that contains the same eight herbs as ours: Flor Essence Detox Dry Tea Blend - Gentle Daily Herbal Cleanse - All Natural 90% Organic Ingredients - 2 1/8 oz - by Flora \$29.99 on Amazon (makes only 3/4 of a gallon). This product costs \$225.81 per lb. of herbs.

Our product of 4 4 oz. essiac packets contains the same eight herbs but it makes a whole lot more tea (it makes four gallons of tea).

This product costs \$58.27 per lb. of herbs - *only 26%* of what it costs to order on Amazon!

Want even *more* savings? If you purchased our larger value size, a six month supply, the cost per lb. drops even more. That supply is \$164.97. This product costs \$50.76 per lb. of herbs - *only 22%* of what it costs to order on Amazon.

Our low prices are due to many factors, but are NOT due to poor quality!

Here is how we have been able to keep quality high even though our prices are the lowest anywhere:

1. We receive huge volume discounts from our herb suppliers due to the large amount of essiac we sell worldwide.
2. We ship direct to you, eliminating “middleman” expenses.
3. We have minimal overhead costs.
4. Our essiac formula works so well that our best advertising is free – it’s our healthy customers, who are all spreading the word about our essiac.

The Paulhus family continues Dr. Bruschi's mission of providing the highest quality essiac tea at prices that don't take advantage of people in their time of need. Our essiac tea costs just \$9.62 per gallon when you purchase 4 lb. of herbs at a time, and a gallon lasts between two to three weeks, depending on the dosage level you choose. If you know anything about essiac, you know that this price is an absolute steal! In fact, essiac is commonly sold in health food stores for up to *ten times* this price. We are *confident* that we are your best option for you purchasing essiac tea.

We also have Certificates of Analysis about our formula posted on our website and upon request.

If you have any questions or concerns at any time, simply call us 7 days a week at 1-978-504-9517. You will be able to talk directly with someone who knows all about essiac and would love to help you.

Sincerely,

Gina and Bryan Paulhus

Handwritten signatures of Gina Paulhus and Bryan Paulhus in cursive script.

P.S. If there's *anything* else we can help you with, including special ordering options not found on this site, please contact us with your special request. We'll do our absolute best to accommodate you!

Our Herb Quality is Top-Notch

At Discount-Essiac-Tea.com, we have maintained the original herb suppliers that were recommended by Dr. Charles Brusch. All of our herbs are tested to ensure the highest standards in the United States.

The herbs we use in our essiac formula are:

1. Organic
2. Chemical-free
3. Pesticide-free
4. Non-irradiated
5. Fully mixed and blended per the exact ratio specified by Rene Caisse and Dr. Charles Brusch
6. 100% Fresh - average inventory turnover is once every three weeks

We obtain seven of the herbs we need for the essiac formula (blessed thistle, burdock root, kelp, slippery elm bark, red clover, Turkish rhubarb root, and watercress) from Starwest Botanicals, Inc. in California. Our sheep sorrel includes the roots and is sourced from a private grower in Arkansas.

Freshness of Our Herbs

The moisture content of our herbs are: 12-15% moisture content for the blessed thistle, sheep sorrel, and kelp, and less than 10% for the burdock root, red clover, slippery elm bark, watercress and Turkish rhubarb root.

Our herbs are incredibly fresh because we sell thousands of pounds of essiac every month. We turn over our entire inventory of herbs every 3 weeks. Increasingly when we order our herbs from the suppliers they cannot even provide us with them because they haven't received their newest shipment yet. This means that our suppliers' herbs are fresh, too. They can hardly keep up with all the essiac we are selling, so what we get is always exceedingly fresh!

Many of our customers have commented on how fresh our herbs look, smell, and taste. If you purchase essiac from an outlet that sells more than one herbal formula, you're much more likely to receive stale herbs. We carry essiac *and only essiac* at Discount-Essiac-Tea.com. Our inventory is never stale!

If you ever have a concern about the quality of our herbs or our packaging, please let us know! We will make it better.

Happy customers are always our number-one priority!

The Essiac Tea Ingredients

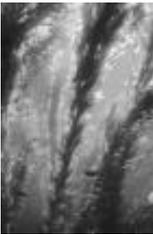
All of our essiac herbs are organic, non-irradiated, pesticide-free, and chemical-free.



Blessed thistle is used for digestive problems such as gas, constipation and upset stomach. This herb is also used to treat liver and gallbladder diseases.



Burdock root is a mild diuretic. It increases the production of both urine and sweat, potentially making it useful in treating swelling and fever. Burdock root might play a role in preventing liver damage caused by alcohol, chemicals or medications. The exact reason for this protective effect is not known, but it is thought to involve opposition of a chemical process called oxidation, which is a reaction that occurs in the body during normal metabolism. One result of oxidation is the release of free radicals, which are chemicals that may suppress immune function and have been linked with cancer. Antioxidants such as burdock may protect body cells from damage caused by oxidation.



Kelp is a sea vegetable that is a concentrated source of minerals, including iodine, potassium, magnesium, calcium, and iron. Kelp as a source of iodine assists in making thyroid hormones, which are necessary for maintaining normal metabolism in all cells of the body. This increases energy levels, boosts the immune system and makes it easier to maintain a healthy body weight.



Red clover is a source of many valuable nutrients, including calcium, chromium, magnesium, niacin, phosphorus, potassium, thiamine and vitamin C. Red clover is also a rich source of isoflavones, which are water-soluble chemicals that act like estrogens in the body. The isoflavones isolated from red clover have been studied for their effectiveness in treating some forms of cancer. It is thought that the isoflavones prevent the proliferation of cancer cells and that they may even destroy cancer cells.

...The Essiac Tea Ingredients Continued



Sheep sorrel including the root contains an abundance of oxalic acid, sodium, potassium, iron, manganese, phosphorous, beta carotene, and vitamin C. Sheep sorrel is a mild diuretic, mild antiseptic and a mild laxative. These properties make sheep sorrel useful for ridding the body of toxins.



Slippery elm bark has been used as a poultice for cuts and bruises, and also for treating aching joints due to gout, arthritis or other causes. This herb also helps to alleviate sore throats. Slippery elm bark is an active ingredient in throat lozenges. Since sore throat and cough are often linked, slippery elm bark has also been used in cough remedies. It also can alleviate both constipation and diarrhea by regulating the digestive tract.



Turkish Rhubarb Root. This detoxifying herb is world-famous for its healing properties. Rhubarb root purges the body of bile, parasites and stagnated food by stimulating the gallbladder duct to expel toxic waste matter. It has been shown to alleviate chronic liver problems by cleansing the liver. Rhubarb root improves digestion and increases the appetite for healthful foods. It has also been shown to help heal ulcers, alleviate disorders of the spleen and colon, relieve constipation and help heal hemorrhoids and bleeding in the upper digestive tract.



Watercress. Abundant in vitamin C, watercress is used as a general tonic, and its bitter taste is thought to stimulate the appetite and improve digestion. It can be used to alleviate nervous conditions, constipation, and liver disorders. Watercress is a popular cough and bronchitis remedy. It contains a remarkable substance called rhein, which appears to inhibit the growth of pathogenic bacteria in the intestines. It is believed that rhein is also effective against *Candida albicans* (yeast), fever, inflammation and pain.

Benefits You May Receive from Essiac Tea

It appears that Essiac's primary actions are to remove heavy metals, detoxify the body, restore energy levels, and rebuild the immune system. All of these effects help restore the body to a level to where it is able to better defeat illness utilizing its own resources (just as nature intended). Essiac therefore fortifies the immune system and improves the body's strength and capacity to fight off disease so that the body can rid itself of illness and disease.

Here are some of the reported effects of essiac tea in the body. Essiac tea...

1. Prevents the buildup of harmful fatty deposits in artery walls, the heart, the kidneys and the liver.
2. Regulates cholesterol levels by converting sugars and fats into energy.
3. Destroys parasites in the digestive system and also throughout the body.
4. Helps counteract the harmful effects of aluminum, lead and mercury poisoning that can cause illness and disease.
5. Strengthens and improves the functioning of muscles, organs and tissues throughout the body.
6. Makes bones, joints, ligaments, lungs, and membranes stronger and more flexible, and therefore less vulnerable to stress or stress injuries.
7. Nourishes and stimulates the brain and nervous system.
8. Promotes the absorption of fluids in the body tissues.
9. Removes toxic accumulations that accumulate in body fat, lymph tissues, bone marrow, the bladder and the alimentary canals.
10. Neutralizes and eliminates acids in the bowel.
11. Absorbs and eliminates toxins in the bowel.
12. Clears the respiratory channels by dissolving and expelling mucus.
13. Helps relieve the liver of its burden of detoxification by converting fatty toxins into water-soluble substances that can then be easily eliminated through the kidneys.
13. Assists the liver in producing lecithin. Lecithin forms part of the myelin sheath and is a white fatty material that encloses end nerve fibers. Lecithin is very important for nerve health.
14. Reduces and may even eliminate heavy metal deposits in tissues (especially those surrounding the joints) to reduce inflammation and stiffness.
15. Improves the functions of the pancreas and spleen by increasing the effectiveness of insulin in the body.
16. Purifies the blood.
17. Increases red blood cell production and helps prevent the red blood cells from rupturing.
18. Increases the body's ability to utilize oxygen by increasing oxygen levels in the cells.

19. Maintains the ideal balance between potassium and sodium within the body, which regulates fluid balance inside and outside each cell. This keeps all body cells adequately nourished with nutrients and optimally cleansed.
20. Converts calcium and potassium oxalates into a harmless form by making them solvent in the urine. Regulates the amount of oxalic acid delivered to the kidneys, thus reducing the risk of stone formation in the gall bladder, kidneys, and urinary tract.
21. Protects against toxins entering the brain.
22. Protects the body against the harmful effects of radiation and X-rays.
23. Relieves pain.
24. Speeds wound healing by an increased rate of cell regeneration in the damaged area.
25. Increases the production of antibodies such as lymphocytes and T-cells in the thymus gland, which is the defense of our immune system.
26. Inhibits benign growths and tumors.
27. Protects the cells against the harmful effects of free radicals.
28. Increases the appetite for healthful foods.
29. Decreases sugar cravings due to improved blood sugar control.
30. Increases energy levels and increases one's sense of well being.

Here are Some Health Conditions that Benefit from an Improved Immune System and Body Detox

The following list of illnesses and diseases may benefit from a reduction of toxins in the body and an improved immune system. It has been proven that the herbs in essiac tea reduce levels of toxins and benefit the immune system.

1. Cancer (both internal and external to the body)
2. Tumor growth (benign or malignant)
3. High Blood Pressure and High Cholesterol
4. Diabetes
5. Arthritis
6. Chronic pain, including that associated with Fibromyalgia
7. Ulcers
8. Liver problems
9. Colon trouble, including Irritable Bowel Syndrome (IBS)
10. Sinus trouble
11. Gout
12. Pneumonia and chest colds
13. Kidney and Bladder Problems
14. Diarrhea and Constipation
15. Fluid retention
16. Obesity
17. Asthma
18. Allergies
19. Hepatitis C

A Few Essiac Tea Testimonials

"I'm doing quite well. I have been on the Essiac Tea for over a year now and have not missed a dose. I am a stage 4 cancer survivor who was sent home to die on 12/20/14.

After being sliced, diced, radiated, and poisoned for a year. I learned of Essiac Tea from books that I have collected over the years.

I believe that this tea has saved my life. I started the tea January 4 2015, 3 months later I had a pet scan and no cancer. After what I have been through I will never stop taking your tea. Because of my ordeal my wife got sick with liver disease and her prognosis was grim. It was my turn to help her. I started her on the tea. She responded unbelievably well to the tea. She and I take no medication, and our blood markers are all within normal range. Neither of us have told the doctors what we have done. The books I have read say it's best not to say anything. I have connected with a lot of people who are sick or knows someone who is sick.

I recommend your essiac tea to everyone. I'm a walking essiac testimonial. Whenever I order the tea it always arrives on time."

-Thomas Bezak, Maryland

"Very pleased with the tea. I take it 3 times a week and feel terrific. My dad has been taking it for 10 months for stage 4 bone cancer and it has done wonders for him. He is stage 4 bone cancer, and his doctor is amazed how it has helped him."

--Joe Nimey

"I have been taking ESSIAC since May 13th 2020. My dosage has been 3 x 3oz daily. My main reason for going on this course was because of a prostate problem that was threatening to get a little more serious, and I was putting off visiting the doctor because I knew where he would send me.

Within a few weeks of taking ESSIAC I noticed I was going to the toilet almost every 2 hours, and my urine was not looking very good, with quite a bit of blood showing. This went on for almost 6 weeks, and I said to my wife, I may have to go and get the problem sorted in hospital, but because of the COVID-19 virus, I was reluctant to go into hospital. So, I kept up my dosage. and almost like a miracle, I noticed a sudden change, not only with my toilet problems, but I in my overall feeling of wellness, in eating, sleeping etc.

That was two weeks ago now and I am happy to say that I appear to be completely free from my prostate problem. I have more energy, am less worried about the future, not worried about COVID because I think my immune system has been supercharged. I will continue with my regular 3x3oz dosage, and will be placing another order with you, God willing, later in the year. And I have become an expert in making the ESSIAC TEA!!! Thank you and good health to you and your family.

--Joe Campbell, Dublin, Ireland

"Essiac tea helped my dad last year with the cancer on his spine. After my dad came home from the hospital, the week before Christmas, he was on oxy-

contin, and was in a tremendous amount of pain (they radiated his 'whole' spine). Basically, they sent him home to die. I brought him essiac and he started taking it, just to appease my sister and me. Two days after taking the essiac tea, his pain went away, and his CT scans were good--the doctors were amazed! However, my dad thinks prescription drugs are the way to go; he doesn't believe in "voodoo" stuff. Of course, he didn't attribute getting well to the tea. He stopped the essiac tea in the spring. The cancer did spread again in the summer and now he is in a cancer 'vaccine' testing. He has some essiac at his house if he so chooses. I have seen this works and we like the idea of purging cancer causers from our bodies. It is hard to find real essiac tea at an affordable price, which is why we are so glad we found you." --Karen, CT

"This wonderful herbal mixture actually works. I am no longer diabetic because of Essiac. I absolutely love it. It also lends a strengthening of will and fortitude to live. Essiac is a Wondrous miracle of nature --Jason Honor

"A very big thank you! I am a 5-year survivor of stage 4 malignant melanoma. I had my second surgery on July 31 when the cancer metastasized and a tumor appeared on my liver. It was successfully removed. There was no other treatment available. That was good news (I didn't plan to do chemo again anyway).

I was told I still had a suspicious cyst on the midsection of my liver. Doctors suggested to watch for changes. I started Essiac tea in August. I went back for a recheck January 12. I had a pet scan, cat scan and blood work. All results are normal! No sign of cancer and the cyst...it's gone! The doctor couldn't believe it and said she couldn't explain it. She was just hoping it didn't grow or change shape. But it actually vanished!!

I feel great, I am running 2 to 4 miles a day. I work full time and all is good. I can't thank you enough. I want to help pass on the great benefits of Essiac. I believe." --Sue, FL

"I have been practicing alternative medicine since 1980. I have always known about essiac and recommended it to many of my patients over the years, but never saw the 'need' to take it myself. After all, I didn't have cancer! Thank God I discovered your website. I didn't realize that there were many different formulas out there or that essiac could be used for so many different things.

I was fighting bronchitis and gave essiac a try. Two weeks later I am well! Also, I can truthfully say that I have more energy and feel better, as well as sleep better on essiac. You must realize that these statements are coming from a 60-year-old alternative health practitioner. Until I tried the prescription cough meds to help me sleep last month, I hadn't taken a prescription in over 25 years. I plan on using essiac for the rest of my life and I am going to recommend that all of my patients use it to detox before starting other treatments." --Dr. Micheal Cole, Murrells Inlet, SC

For more essiac tea testimonials including those for specific conditions, please visit: <https://www.discount-essiac-tea.com/essiac-testimonials.html>

Essiac Product Listing

Our most popular order size is the 3 lb. 4 oz. order of essiac, and we recommend that size if you've never tried essiac before. To keep shipping costs down, order at least 3 lb. 4 oz. at once.

Essiac Orders designed for Aggressive Dose

(Each 4 oz. packet of herbs brews one gallon of tea at a time to be used up every 2 weeks. Herbs keep for at least 1 year.)

These order sizes are listed from most popular to least popular. All orders ship FREE via Priority Mail*

Weight	Lasts one person*	packaging	Price
3 lb. 4 oz. (save \$24)	6 months	13 4-oz. pkts.	\$164.97
6 lb. 8 oz. (save \$79)	1 year	26 4-oz. pkts	\$299.97
4 lb. (save \$44)	8 months	4 1 lb. bags	\$153.97
1 lb.	2 months	4 4 oz. pkts.	\$ 58.27
1 lb.	2 months	1 lb. bag	\$ 49.47
10 lb. (save \$145)	20 months	10 1-lb. bags	\$349.97
10 lb. (save \$165)	20 months	1 bulk bag	\$329.97

*assuming the typical Improvement of Health dose of 9 oz. of tea per day

**Domestic rates. For international rates please e-mail gina@discount-essiac-tea.com

Essiac Orders designed for Maintenance Dose

(Each 1 oz. packet brews 1 quart of tea at a time. The maintenance dose is similar to the Improvement of Health dose for children and pets. See our website for children and pet dosages.)

These order sizes are listed from most popular to least popular.

Weight	Lasts one person for*	packaging	Price
2 lb. 3 oz. (save \$18)	6 months	35 1-oz. pkts.	\$138.92
1 lb. 2 oz.	3 months	18 1-oz. pkts.	\$ 71.92

*assuming the recommended 6 oz. of tea per day

**Domestic rates. For international rates please e-mail gina@discount-essiac-tea.com

To Place an Order, please visit our site:

Discount-Essiac-Tea.com. Click on the "order" tab. Or you can call in your order using 978-504-9517, or email gina@discount-essiac-tea.com to have a Credit Card or PayPal Invoice sent over to you. Lastly you may mail us a check or money order written out to Home Bodies with the weight and packaging of the Essiac that you'd like written in the memo.

Bulk essiac at Wholesale for Resellers and Clinicians

Bulk essiac 27.2 lb. bag is \$624.24. Shipping within the US is \$49.95. For international shipping quotes, please enter your address into our shopping cart to see options or call 1-978-504-9517. You can also email gina@discount-essiac-tea.com with your full name and full mailing address for Price Quotes. All of our products listed on the previous page are also available to wholesalers. Call us at 1-978-504-9517 for specific price quotes.*

*Our retail-ready products carry “generic instructional and content labeling” without our website or contact information so that your customers will return to you when they are ready to re-order. You may add a label with your company name, logo and/or contact information directly to the packages if you wish. Full instructions are included on our labels. Label-free essiac packets are also available if you would like to create your own altogether. If you have specific packaging needs please e-mail us at gina@discount-essiac-tea.com and we will do our best to accommodate you.

International Orders

We are happy to ship orders internationally. For price quotes, fill out our online shopping cart and see a shipping quotes for your order there. You can call us at 1-978-504-9517. You can also email gina@discount-essiac-tea.com or message us on Facebook: <https://www.facebook.com/discountessiactea>

How to Store your Essiac

Store packets of herbs in a cool, dark place. Room temperature is fine as long as you keep the herbs out of the direct sunlight and away from a direct heat source such as a blowing heater. Please store the herbs in the original packaging as it is designed to keep the herbs fresh. If you ordered a bulk bag you can reseal it with a twist tie such as the kind you’d get with a loaf of bread. Unopened packets of herbs stay fresh for at least one year - longer in most cases. Do not store herbs in the refrigerator. Never freeze the herbs.

Your brewed essiac tea must be refrigerated, since it contains no additives or preservatives. Do not attempt to store brewed tea for more than two to three weeks as it may spoil. Store your tea in a container of your choosing such as the type you’d use to store iced tea. We prefer open topped pitchers so that we can stir the mixture with a large spoon before pouring the servings. This helps distribute some of the sediment into each and every serving so there will be none left at the end. Amber bottles are not necessary (there is no light inside your refrigerator).

Important—Dosing Instructions!

All essiac doses must be taken on an empty stomach. This means—you cannot eat 2 hours before taking essiac and you cannot eat until one hour has passed after taking essiac. Fruit/vegetable juice, water, and black coffee are allowed.

Essiac Tea Brewing Instructions

1. Boil the necessary amount of pure water (spring, distilled, well, or filtered) in a large pot.

The amounts for each size brew are*:

To Make

Use

One gallon of tea 136 oz. water
(This is best for Improvement of Health dose for one person)

One quart of tea 36 oz.
(This is best for maintenance dose for one person)

One pint of tea 20 oz.
(This is best for children or small animals)

* the additional water is there to account for evaporation during the brewing process

2. Add the correct amount of essiac herbs.

The amounts for each size brew are:

To Make

Use

One gallon of tea 4 oz. herbs
(If you don't have 4 oz. packets, please weigh on a kitchen scale: 4 oz. **dry herbs** = 113 grams--but an estimate is 1 ¼ cup using dry measurement cups)

One quart of tea 1 oz. herbs (If you don't have 1 oz. packets, please weigh 28.25 grams: estimation is one rounded ¼ cup using dry measurement cups)

3. Boil tea on a medium boil for 10 minutes, stirring occasionally.
4. Leave tea in pot, turn heat off, and let the mixture sit at room temperature for at least twelve hours, but no longer than 24 hours. You do *not* have to boil the tea twice.
5. Pour the tea into a container of your choosing and refrigerate. We prefer open top pitchers such as the kind you'd use for iced tea. The open top makes it easy to stir the tea with a large spoon before pouring each dose in order to ensure that you get some of the herbs into each and every serving. Do **not** strain the tea – leave the herbs in

the tea. The herb particles are very fine and should disperse throughout the liquid upon shaking or stirring the container. Drink the essiac quickly upon pouring doses or the herb particles will settle again. The herbs themselves are believed to increase the efficacy level of the tea. This is how Rene Caisse administered the essiac.

Essiac Tea for Pets

Essiac may be given to pets for similar reasons that humans take essiac. More info: <http://www.discount-essiac-tea.com/essiac-for-pets.html>

Essiac Tea Dosage

There are two main factors that affect essiac tea dosage:

- 1. Seriousness of condition.** We advise those who wish to improve health take the Improvement of Health dose or the Aggressive PLUS dose.
- 2. Tolerance for the tea initially.** Sometimes there is a nausea or diarrhea response when you are just starting out. This is a good sign your body is undergoing a needed detox and rarely lasts longer than a few days. If you are uncomfortable (it's rare) you can build up to the desired dose.

To improve taste, you can mix essiac with natural fruit or vegetable juice or stevia. You will get used to the taste as you use essiac regularly.

Take essiac on an empty stomach—that means no food 2 hours before and 1 hour after your tea! Fruit/veg juice, water, and black coffee or tea are all OK.

IMPROVEMENT OF HEALTH Dose: Recommended dosage is 9 oz. of tea per day taken in three separate 3 oz. doses on an empty stomach.

--You should this dose if you have or suspect you have a health problem.

--For best results, *stay on this dosage for at least 6 months.* After that time period, you may choose to switch to a maintenance dosage of 3 oz. twice per day *if your test results have returned to normal and/or your symptoms are gone.* If the original condition persists, continue on this dosage level until your condition improves and you're satisfied with the results.*

***AGGRESSIVE PLUS Dose:** Up to 6 oz. three times per day for anyone who has been diagnosed with stage 4 cancer, is on chemo or radiation or has otherwise been given a terminal diagnosis.

Note on Essiac and Chemo/Radiation: Essiac can be taken along with traditional cancer treatments without interfering with those treatments. If you are undergoing chemotherapy and/or radiation, be aware that chemo and radiation can lessen the effects of essiac tea. If you plan to continue your chemo and/or radiation while using essiac, use AGGRESSIVE PLUS.

MAINTENANCE Dose: Recommended dosage is 3 oz. of tea twice per day. It's best to take one dose in the morning and one in the evening.

--Administer the maintenance dosage for at least 6 months *after your test results have returned to normal.*

--Some also choose to take the maintenance dosage as a daily preventive supplement. This is healthy and safe in the long-term.

--The amount of time you should stay on a maintenance essiac program is an individual decision. There is no need to stop essiac or take a break.

DETOXIFICATION Dose: A detox regimen is typically something that is done for a fixed period of time. Many people choose 3- or 6-month time periods for detoxes. However, some do shorter detoxes. The dosage for a 2-week or 4-week detoxification is 9 oz. of essiac tea per day. A more complete option for more thorough detox is to do the aggressive dose for six months. This product works slowly but surely hence the longer time frame needed.

Frequently Asked Questions

See: <http://www.discount-essiac-tea.com/essiac-tea-faq.html>

About us

We were first introduced to essiac in 1986. Gina Paulhus, Bryan's wife, created Discount-Essiac-Tea.com so that everyone could enjoy quality essiac tea that is the same as you would find at any reputable health food store, but for a fraction of the cost. Bryan introduced Gina to essiac as a general health supplement. She experienced greatly improved health during that time, including eradicating her lupus symptoms and an improvement in her digestion disorder that had previously caused her to have two emergency intestinal surgeries. Gina was so impressed that she built the website and decided she would like to help sell this herbal tea at a steep discount so that this popular herbal treatment could be more affordable to everyone.

Disclaimer: *Essiac is not FDA tested and has not been FDA approved as a treatment or cure for any health problem. We do not represent it as such on this site. You must determine whether essiac is a product you should pursue. We have provided accounts and descriptions that represent the opinions of experts in the alternative treatment world as well as actual users of essiac. We know that our formula is the most effective essiac formula being sold in the world. However, we do not endorse anything on this site as medical fact.*

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